is always correctly positioned and that there is no risk that the cable **440** frictions against the edge **450** of the bore **410** when being rolled, thus enhancing the beneficial effects of the invention. A person skilled in the art will understand that the fasteners **180** can take the form of any applicable releasable mechanical fastener, such as a cam-handle screw as shown in the figures, a regular screw, a rod, etc. Preferably, fasteners **180** should allow for easy and quick fastening and unfastening, so that the task of installing or removing cables from a plurality of bores **410**, such as along an airport runway having a string of lamps **400** and corresponding bores **410**, can be carried out time efficiently.

The illustration of figure 13 shows a top view of the cable distribution assembly **100** of figure 10. As shown, the external concave surface **164** of the roller **160** includes a portion **168** that is arranged so that its horizontal projection, as shown in the figure, falls inside an inner space **190** delimited

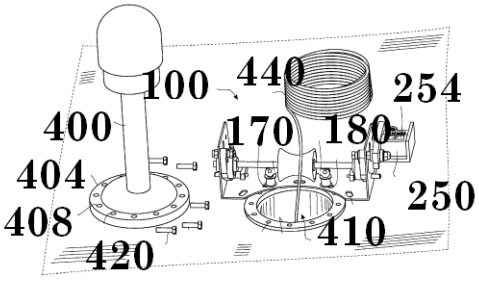

Figure 12: perspective view of the cable distribution assembly, positioned over an exemplary airport runway lamp bore and having a cable passing through.

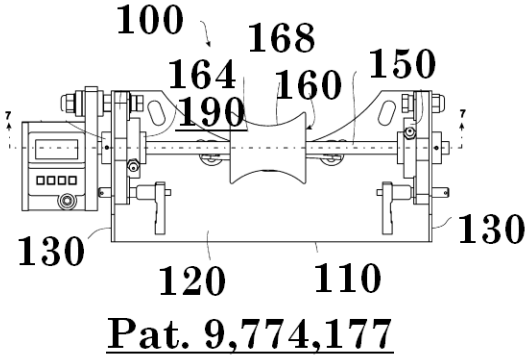

Figure 13: Top view of the cable distribution assembly.

by the concave contour **140** of the base. Such an arrangement guarantees that a cable rolling vertically downward or upward along the roller **160** is directly inserted through the bore **410**, neither contacting the bore edge **450** nor contacting the concave contour **140** of base **120** – provided that the assembly is correctly placed on the bore. Such an arrangement also provides a stable product that does not tend to fall over when cable **440** is being rolled. Preferably, the shaft **150** can rotate in opposite directions. The assembly thus helps roll cable into the bore and also out of the bore.

Preferably, the position of the shaft **150** and roller **160** relative to the base **120** is adjustable. In the present embodiment, the shaft **150** and roller **160** are adjustable relative to the base **120** both horizontally and vertically. Vertical adjustment allows the cable to be rolled closer or farther apart from the base **120**. Horizontal adjustment allows bringing the roller **160** closer or farther apart from the concave con-

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